

## Adult Day Programs and Respite Care Resource List

### For a listing of programs in your area:

**Alzheimer's Association - 1- 800-272-3900.**

They can provide information and assistance locating a variety of services for people with memory problems, including adult day programs and respite care providers. Please phone 1-800-272-3900 for assistance.

**Faith in Action:** <http://www.fianationalnetwork.org>

To find a list of Adult Day Programs on this website - click on **Find a Program**, then click on the desired **State**, and a list of available programs are displayed.

**Michigan Adult Day Services Association:** <http://www.mimadsa.org>

This website provides a list of adult day centers that are members of the association (click on **Find a Center**) and helpful resources for caregivers (click on **Caregivers**)

**Michigan Office of Services to the Aging – MI Senior:**

<http://www.michigan.gov/miseniors>

This website provides information and resources to assist seniors and their families. Directions to access a list of Adult Day Programs: click on **Search for Service**, then click on **Search by Service Type**, select **Care in the Home/Homebound** or **Family Caregivers**, then select **Adult Day Care** – scroll down and select desired county and click on **GO** – a list of adult day programs in the chosen county are displayed.

### For description of types of programs and suggestions on how to select:

The following websites offer a variety of information including description of the types of programs and suggestions on how to select the right program for you.

**Respite Care Fact Sheet (PDF):** <http://www.dementiacoalition.org/resources>

**Alzheimer's Association – CareFinder:** <http://www.alz.org/carefinder/index.asp>

**Michigan Long Term Care Connections:** <http://www.michltc.com>

**Family Caregiver Alliance – Family Care Navigator by State:**  
[http://caregiver.org/caregiver/jsp/fcn\\_content\\_node.jsp?nodeid=2083](http://caregiver.org/caregiver/jsp/fcn_content_node.jsp?nodeid=2083)

**Michigan Adult Day Services Association:** <http://www.mimadsa.org>

**MI Office of Services to the Aging, MI Seniors – Caregiver's Corner:**  
<http://www.michigan.gov/miseniors/0,1607,7-234-43803---,00.html>